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This portfolio is divided into four artistic journeys that reflect my development as a visual artist. It begins with sketching, where I moved from a perfectionistic mindset toward a looser, more expressive way of working. This shift laid the foundation for my paintings, in which I started working more intuitively—driven by emotion rather than precision—to explore how a painting can carry stronger emotional weight.

This intuitive approach led me to focus more deeply on composition, abstract forms, and especially texture. My fascination with texture became even more central during my Art Therapy studies, where my final works often emerged from a process of experimentation and material exploration. Examples include the Food Table Top made from food waste and epoxy, and a breast sculpture crafted from Paverpol.

Looking back, I see a clear thread running through all my projects: a commitment to expressive making and a strong fascination with decay. This theme appears not only in my use of perishable materials, but also in the emotional surrender that takes place on canvas—where figures seem to dissolve into abstract forms shaped by feeling. In my work, decay becomes a metaphor for transformation, vulnerability, and the power of emotional honesty.